



## Step by Step - What to Expect at Your Upcoming Visit

### Preparing for your visit

Prior to the date of your procedure, a member of our nursing staff will call to ask you about your medical history and do an infection control screening, review your prep instructions and our procedural process and answer any questions you should have. We will also ask any outstanding questions we have regarding your health history or medications. You will be required to have someone pick you up after the procedure and sign you out. **Only patients will be admitted to the Facility (unless there are special needs which you need to discuss with your doctor).** Please be prepared to provide the name and cell phone of your escort during the pre-call and to the Patient Navigator who will greet you the day of your procedure. We will place a confirmatory call to your escort prior to admission - they must be available to confirm your ride home, or we cannot proceed to admit you.

GSBE takes your health and safety as seriously as you do and has instituted policies to help ensure minimal exposure to yourself and others during your time with us. All of our staff throughout the facility will be wearing masks to protect you. You and your escort will be asked to wear a mask to the facility. Upon arrival to the facility you will be asked to change your mask to the one provided by the facility.

### On Your Arrival

Please text us upon arrival to our facility by answering the text sent to you. Remain in the car till you hear from us that it is time to enter the facility. A simple COVID screening questionnaire will be completed over the phone. When you arrive in our lobby vestibule as you enter the first set of doors, The Patient Navigator, wearing a mask, will greet you and take your escort's phone number. You will be asked to remove your own mask, perform hand hygiene, and will be given a new mask to wear. Our staff will then take your temperature. **Your escort should not accompany you into the center as they will not be allowed to enter until you are ready for discharge in order to avoid unnecessary exposure.** The Center will notify your escort when you are admitted to the recovery room and will call for the escort to drive the vehicle to the back of the facility to the designated patient pick up area.

## Registration

Most of the registration process will be performed virtually. Your benefits will be verified by our benefits verification team, who will inform you of your share of deductible/copay as determined by your insurance company. If you want the doctor to discuss your procedural result with your escort or significant other, please give the registrar the name and phone number for the doctor to contact. Do not worry, he will also speak you in recovery.

## Before Your Procedure

Following registration, you will be accompanied by one of our nurses to a private bay where you will remove your clothing and change into a gown. Your nurse will take a brief history and proceed to take your vital signs and insert an intravenous line in preparation for your exam. Your anesthesiologist will speak to you about your health issues, previous experience with anesthesia, and answer any questions you might have. Your gastroenterologist will also be speaking with you prior to entering the exam room. Please let us know if there has been any change in your health since you last saw your gastroenterologist or if you have started any new medications since you spoke with the nurse.

## Your Procedure

When you arrive in your procedure room, you will be given oxygen with nasal prongs or possibly a mask. In addition, you will be having your oxygen level, CO2 level, blood pressure, and heart rate monitored with a series of devices that will be attached prior to beginning the procedure. Before an upper endoscopy, a plastic mouthpiece will be inserted between your teeth. In addition, a procedure mask may be placed if determined by the anesthesiologist and gastroenterologist.

All medical monitoring equipment that you will come in contact with is appropriately cleaned between uses or used one time and discarded. After turning on your left side, the anesthesiologist will begin to administer the medication to sedate you. In our efforts to minimize the risk of exposure to Covid-19, each procedure room is thoroughly disinfected between each patient.

**For more info:** [www.greatsouthbayendo.com](http://www.greatsouthbayendo.com) **631-307-9181**

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## After your procedure

You will wake up in the procedure room or your private bay. The nurse will be checking on you frequently and your physician will review the results of your procedure. When you are ready to depart the center, one of our staff will accompany you to our discharge lounge to meet your escort. Please expect a call from one of our center's nurses the next day to inquire about your experience and how you are feeling. You will also hear from us 1-7-14 days after your procedure to make sure that you are feeling well.

Please contact your gastroenterologist directly with any specific questions regarding what was found during your procedure.